



Communicate life changes

When you and your child's teacher communicate and work as partners, your child will do better in school. Here's an easy tip to help your child manage stress:

Notify teachers of any significant changes that have taken place in a child's life (such as death of a pet, family move, loss of income, family member's illness, or divorce).

Taking Charge *of Your Child's Future*

To find out more, call **1-888-819-EPIC**
or on the web at **www.nyspirc.org**.

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